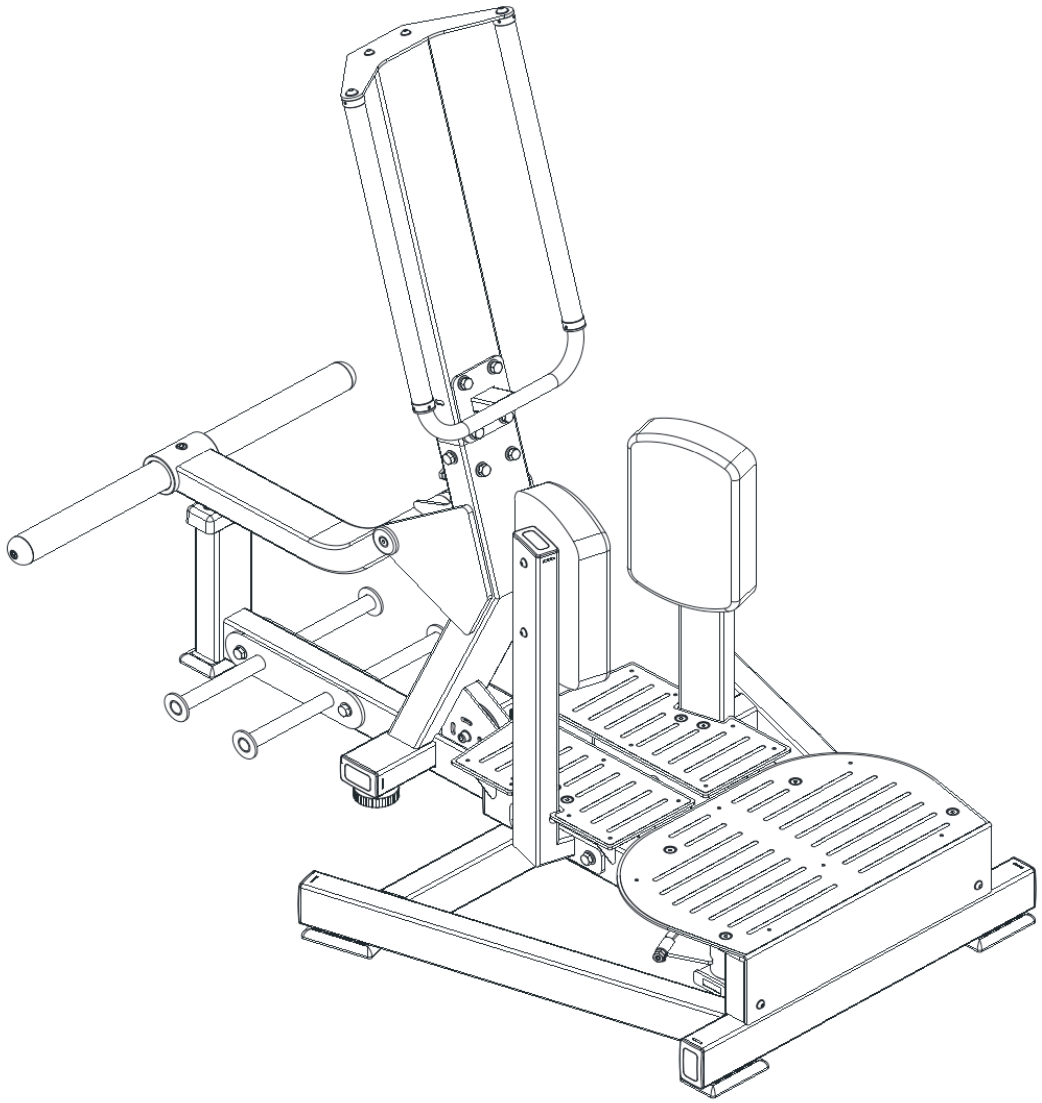
BINOM FITNESS

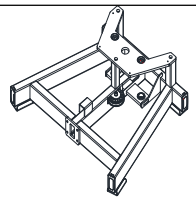
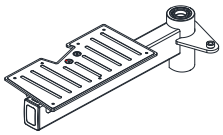
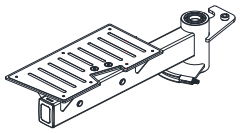
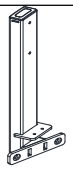
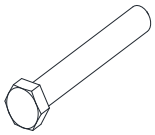
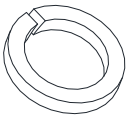
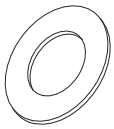
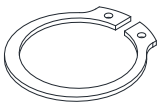
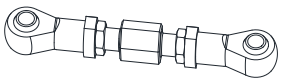
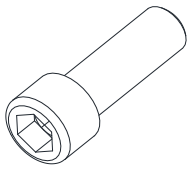
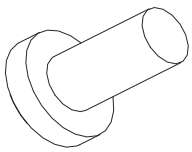
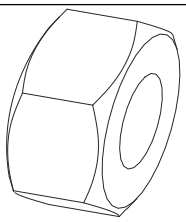
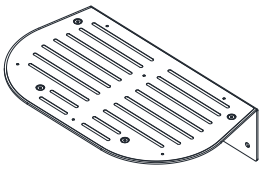
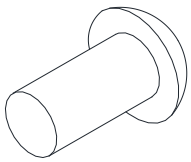
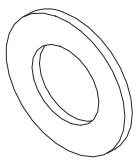
BS115

STRENGTH

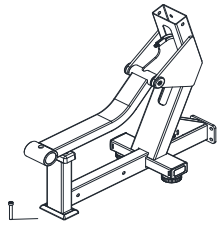
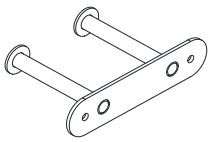
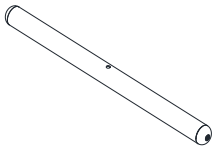
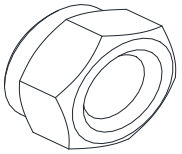
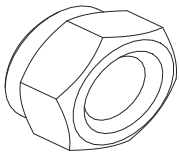
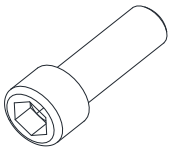
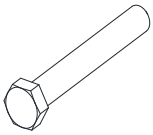
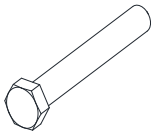
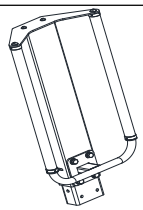
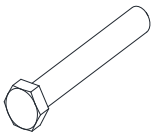
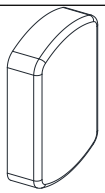
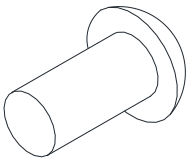
Assembly Instructions



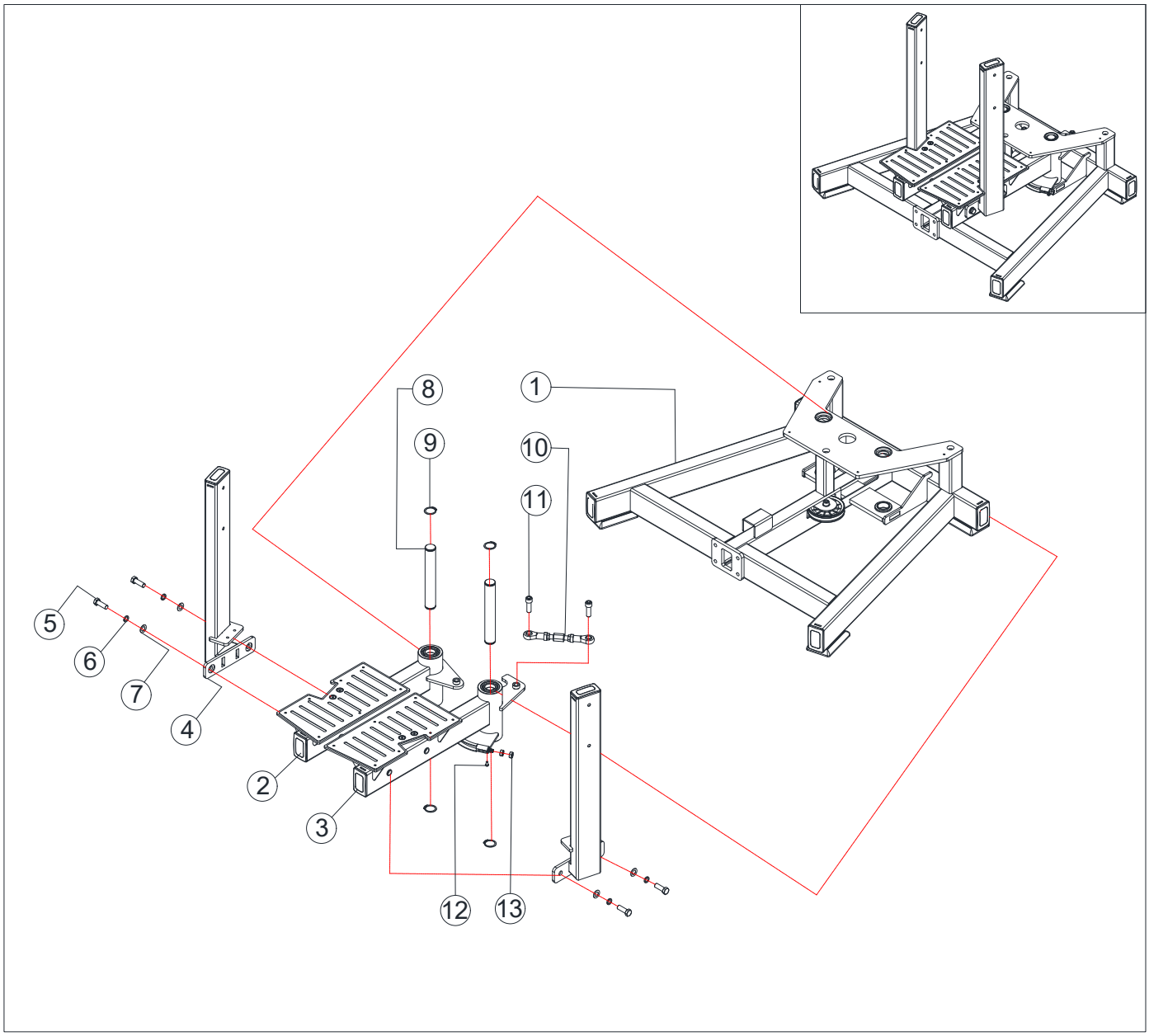
Parts list

Chassis part			Movement arm 1			Movement arm 2			Standpipe group		
											
1	-	1	2	-	1	3	-	1	4	-	2
M12X35 hex head bolt			Φ12 spring washer			Φ12Flat pad			axis		
											
5	-	4	6	-	12	7	-	16	8	-	2
circlip			connectome			M12X35Hexagon socket head			M5X10Cross recessed pan head screw		
											
9	-	4	10	-	1	11	-	2	12	-	2
M10External hexagon nut			Foot Pedals			M8X16Hexagon socket head			Φ8Flat pad		
											
13	-	4	14	-	1	15	-	2	16	-	6

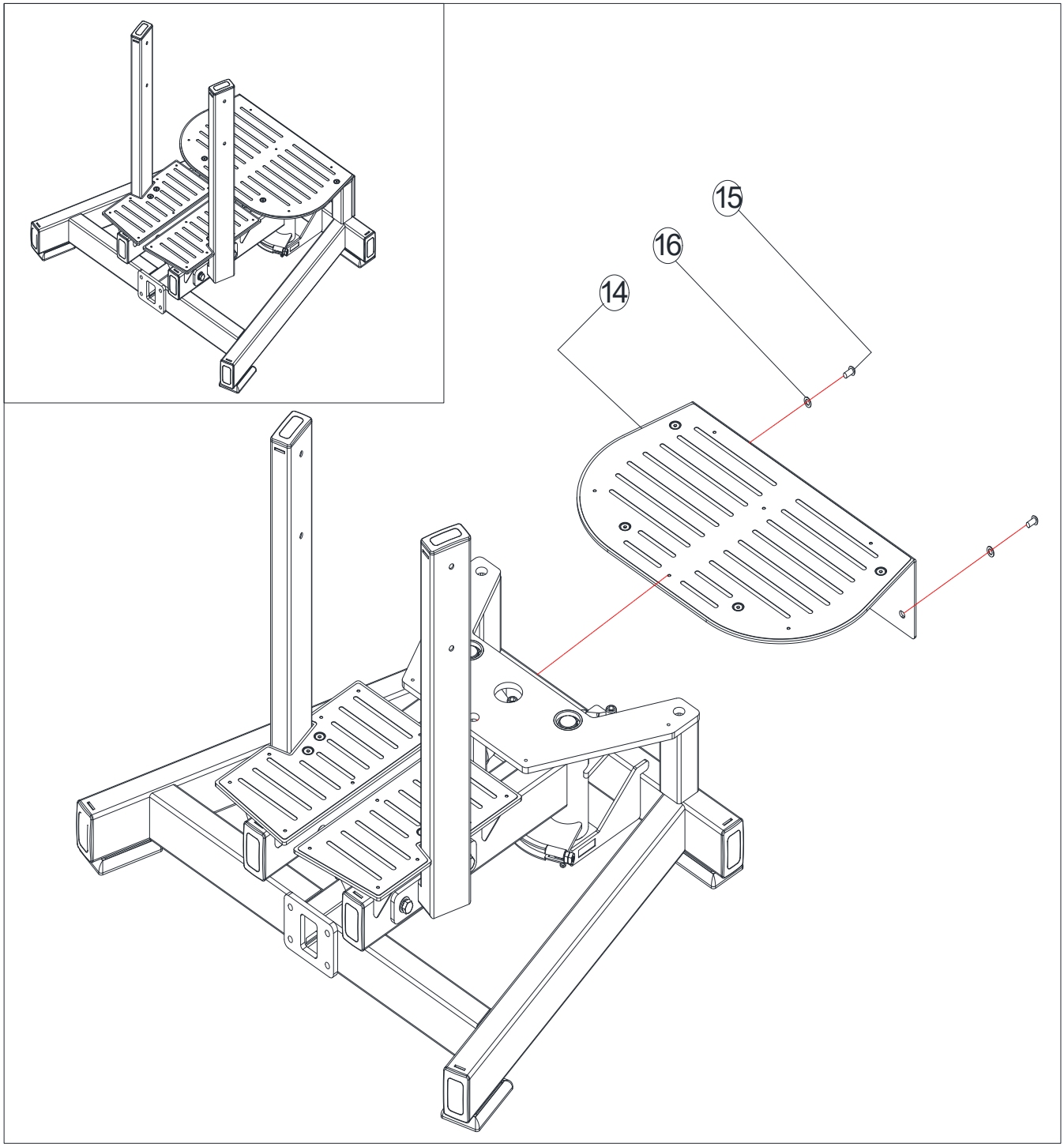
Parts list

Large frame group			lanyard set			Barrel group			Anti-loose mother φ12		
											
17	-	1	18	-	2	19	-	1	20	-	2
Anti-loose mother φ10			Hexagon socket head M10X75			hex head bolt M12X75			hex head bolt M12X25		
											
21	-	1	22	-	1	23	-	2	24	-	4
handle set			hex head bolt M12X20			Seat back					
											
25	-	1	26	-	4	27	-	2	28	-	4

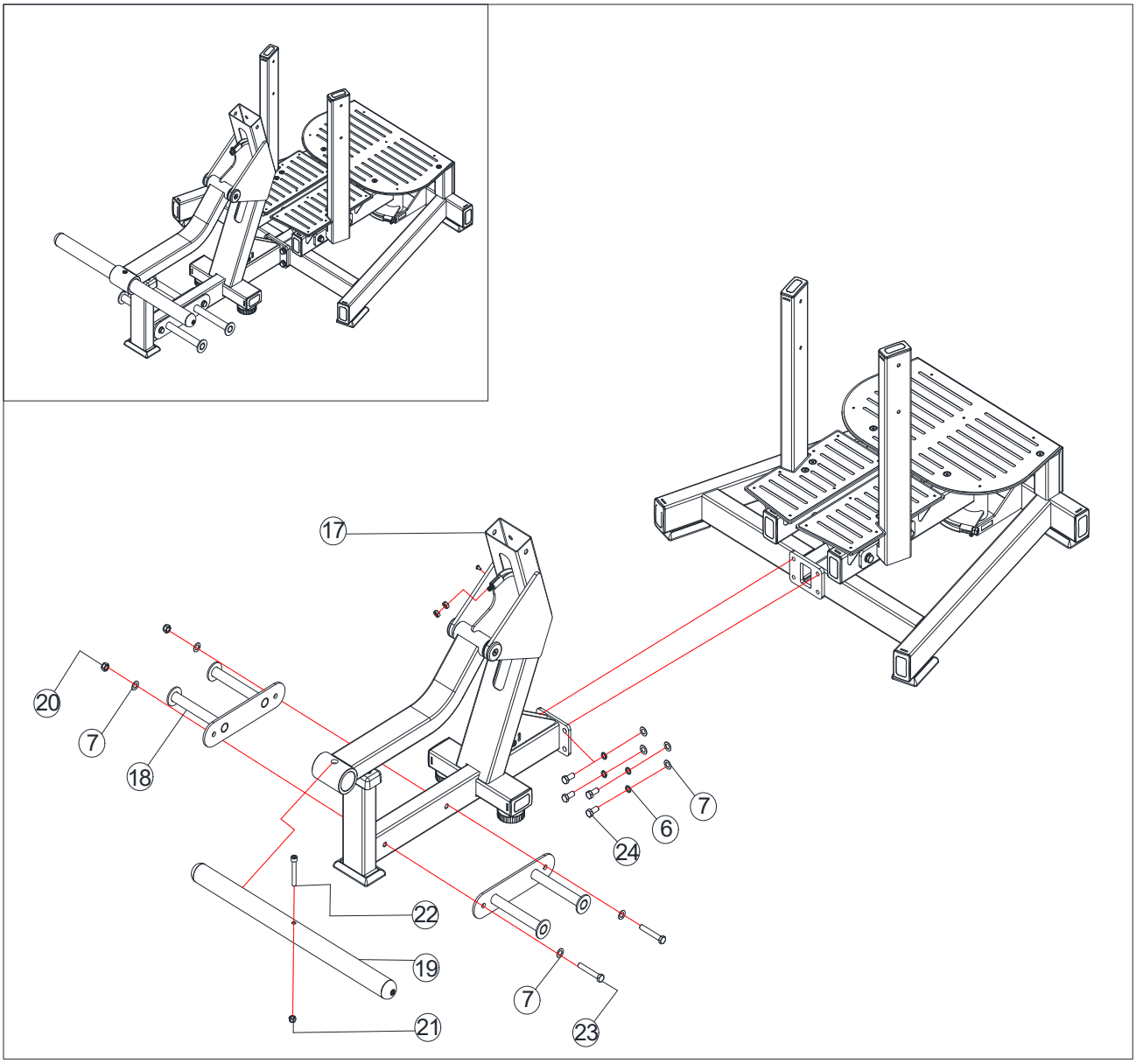
Step (1)



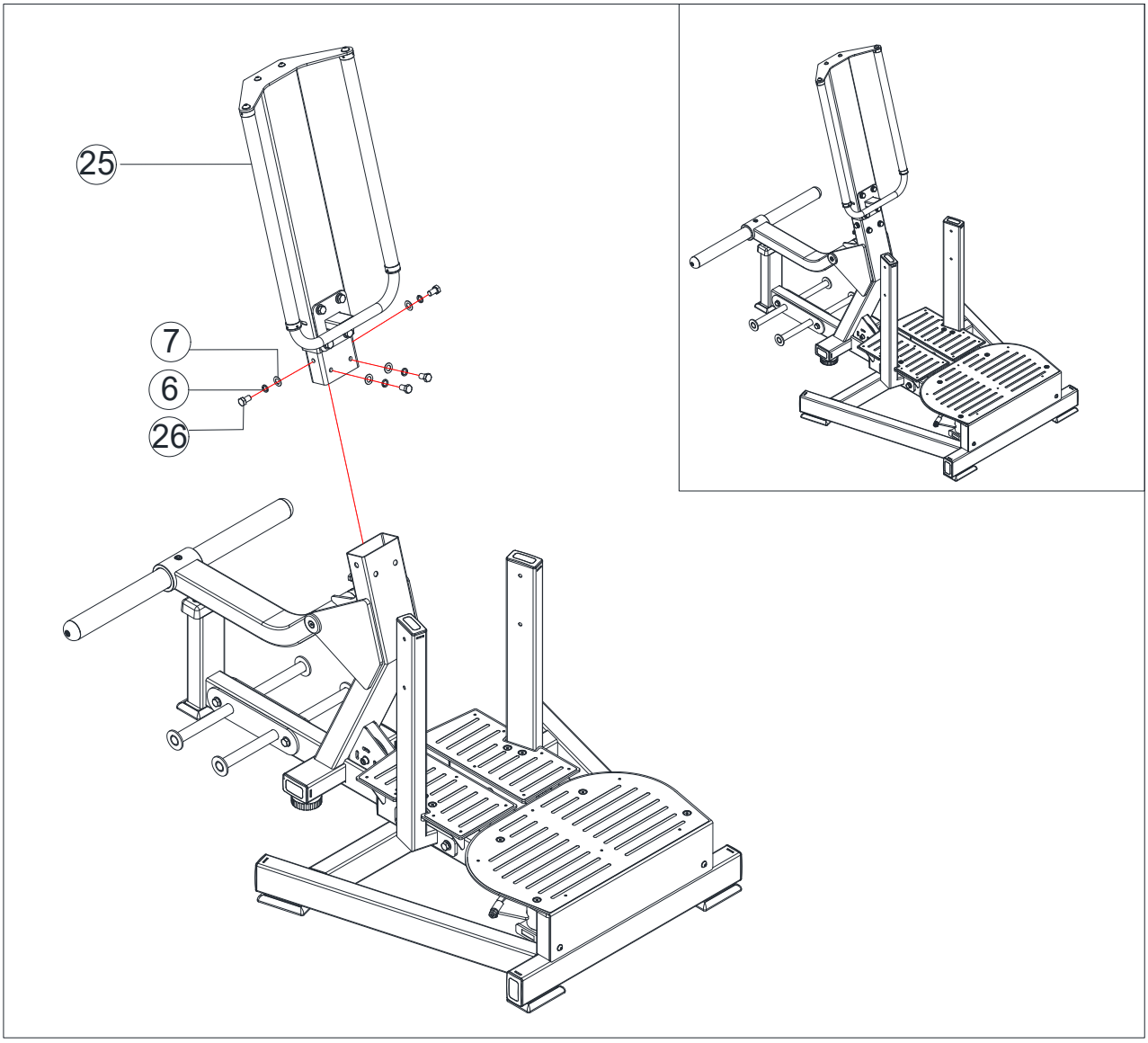
Step (2)



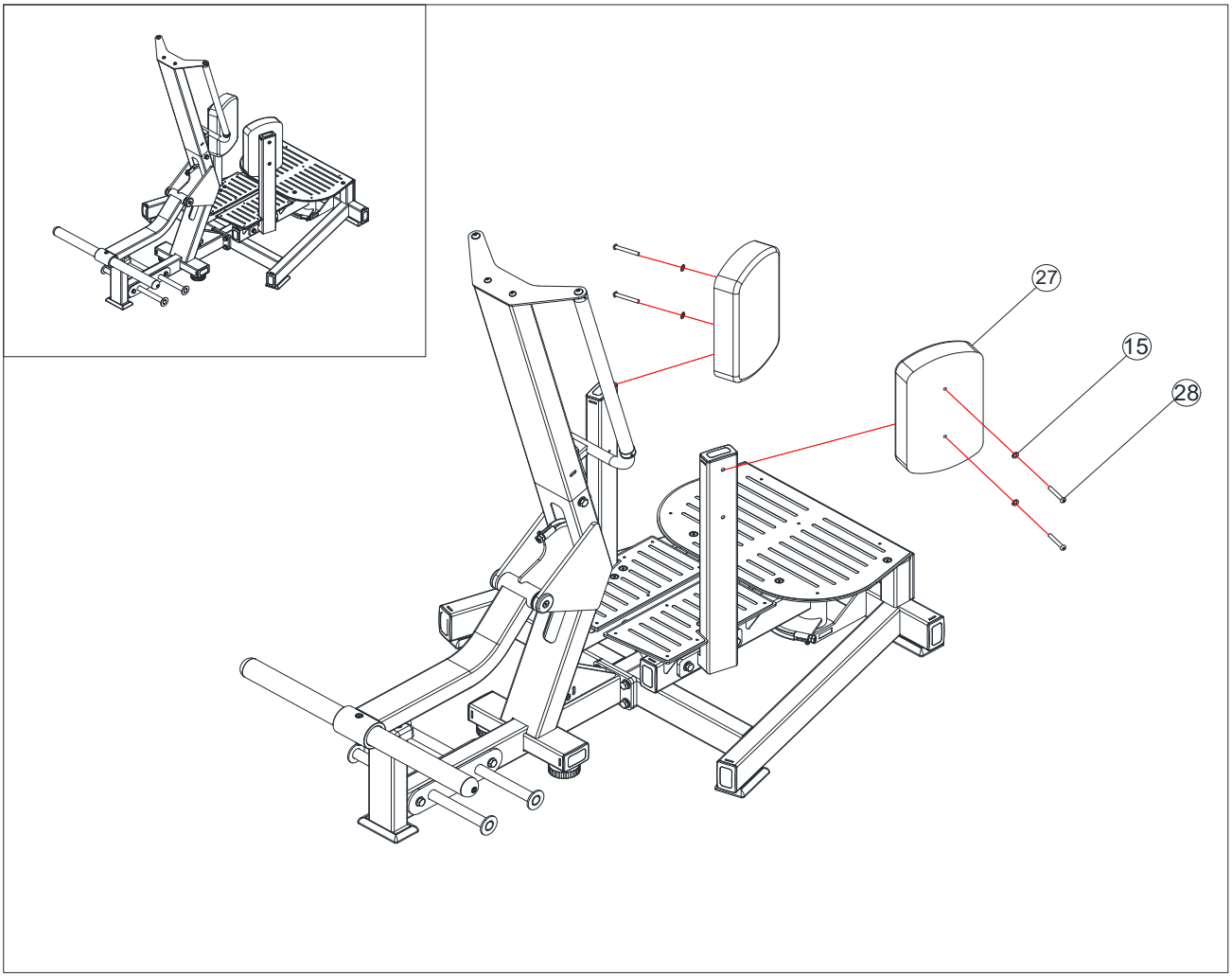
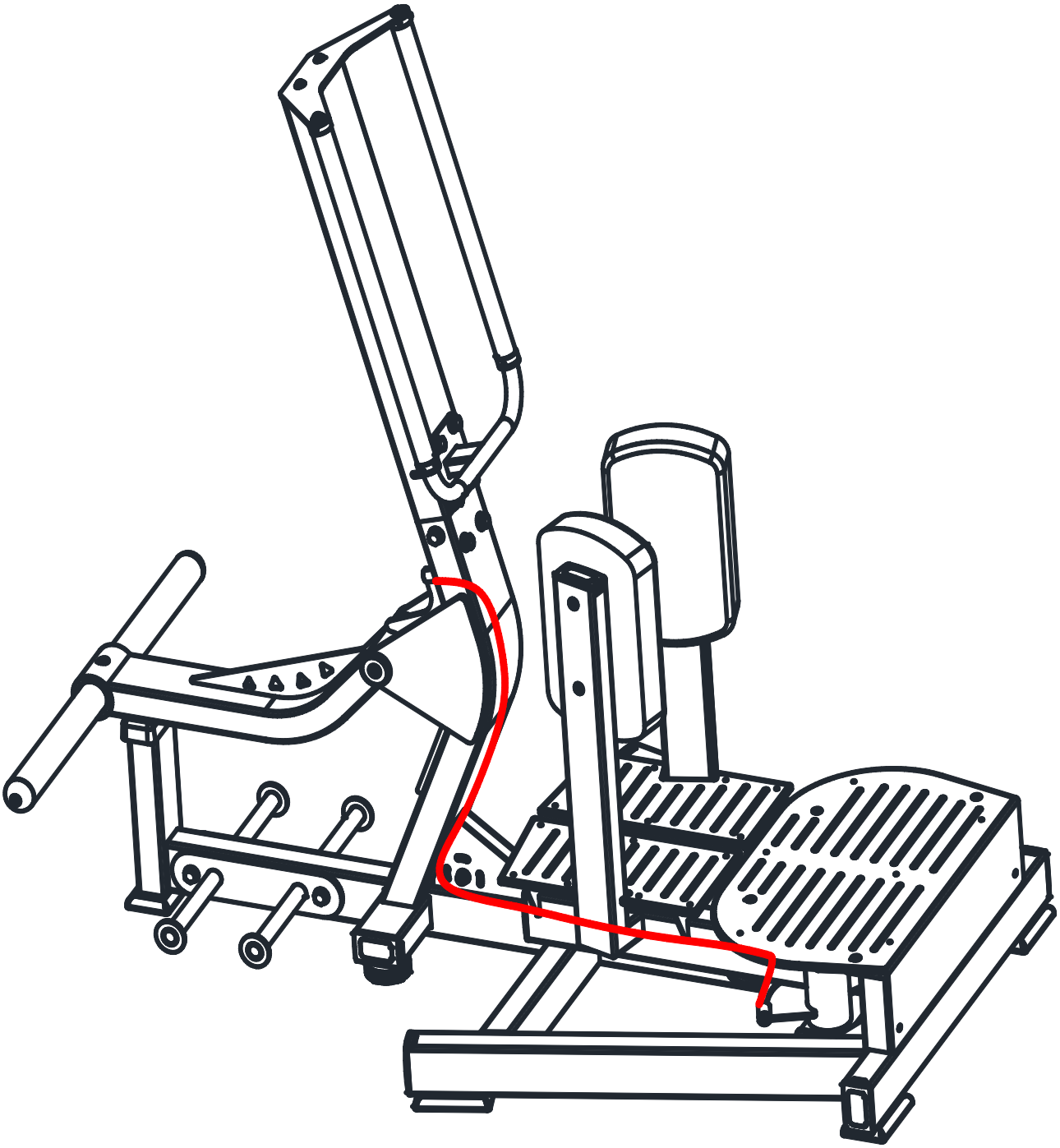
Step (3)



Step（5）



Step (6)



Step（7）